



TALKS FOR A GLAD HEART: FOR PASTORS

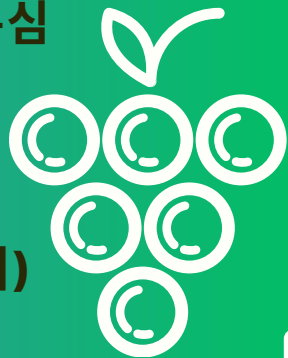
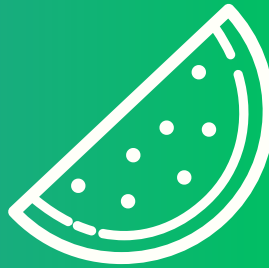
DANIEL 12:3

**GLAD HEART COUNSELING &
EQUIPPING CENTER**

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(PHD, LPC-S, RPT-S, NCC)**

EQUIP BROTHERS & SISTERS IN CHRIST

- **God's Perspective on Mental Health** (정신 건강에 대한 하나님의 시선)
- **Understanding Mental Health in Church through Bio-Psycho-Relational-Spiritual Perspectives** (성도들의 정신건강 이해하기: 생물학적-심리학적-사회적-영적인 관점으로)
- **Red Flags for Mental Health** (정신건강 적신호)
- **Trauma and Its Impact** (외상과 그 여파에 대한 이해)
- **The Art of Empathy** (공감의 미학)
- **Emotional Intelligence** (감성 능력)
- **Healthy Boundary in Relationship** (관계 내 건강한 경계선)
- **CCC: Constructive Communication & Confrontation** (건설적 소통 및 직면)



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